

- Mental Health - Aging & Developmental Disabilities
- Dementia Guidelines
- Life Story Writing
- End-of-Life Care
- Personal Care
- Osteoporosis
- Ethical Issues
- Geriatric Oncology
- Advance Care Planning
- Pain Management in LTC
- Medication Reconciliation
- Falls & Fracture Prevention

Geriatric Medicine Refresher Day

Signposts & Turning Points: Charting the Course of Geriatric Care

London Convention Centre, London, Ontario

7:30 am – 8:20 am Registration, Displays and Refreshments

8:20 am – 8:30 am WELCOMING REMARKS

Laura Diachun, Conference Chair, Geriatrician, Division of Geriatric Medicine, St. Joseph's Health Care, London

8:30 am – 9:20 am PLENARY SESSION

Falls & Fracture Prevention in Long Term Care

Alexandra Papaioannou, Geriatrician, Hamilton Health Sciences

Learning Objectives:

- Identify risk factors and evidence-based interventions that can reduce fractures and falls in LTC
- Develop an understanding of the Long Term Care Ontario Osteoporosis Strategy and opportunities to improve the quality of the elderly in LTC

9:20 am – 9:50 am Refreshments, Displays and Networking

9:50 am – 11:00 am MORNING CONCURRENT WORKSHOPS

1. **Ethical Issues in Long Term Care: Respecting and Responding to Differences within the Circle of Care**
Anne Reinhart, Lawyer, **Margo Collver**, Social Worker, **Laurie Hardingham**, Clinical Ethicist, **Stephanie MacDonald**, Director of Care, **Family Member**

Learning Objectives:

- Develop insight into various perspectives regarding behavioural issues in long term care
- Explore strategies to manage family conflict regarding care decisions

2. **Pain Management and Decision Making Among LTC Physicians and Nurses**

Sharon Kaasalainen, Professor, McMaster University

Learning Objectives:

- Discuss challenges in pain assessment in long-term care and suggest appropriate tools to use in clinical practice
- Provide an overview of recommended pain treatments

3. **Respecting Choices: An Advance Care Planning System that Works**

Linda A Briggs, Associate Director Respecting Choices & Ethics Consultant, Gundersen Lutheran Medical Foundation Inc., WI

Learning Objectives:

- Learn about a successful advance care planning system used in several jurisdictions in Canada and internationally
- Discuss critical elements of a successful advance care planning

4. **Dementia: Putting the 2007 Recommendations into Practice**
Morris Freedman, Neurologist, Baycrest Centre for Geriatric Care

Learning Objectives:

- Understand diagnosis and treatment of mild cognitive impairment
- Understand diagnosis and treatment of dementia

5. **Principles for Bathing LTC Residents with Challenging Behaviours**

Lori Shindle-Martin, Professor, Ryerson University

Learning Objectives:

- Review bathing techniques for LTC residents with challenging behaviours
- Understand current research techniques involving bathing simulations

11:10am – 12:20pm MORNING CONCURRENT WORKSHOPS

6. **What's New in the Management of Osteoporosis**

Alexandra Papaioannou, Geriatrician, HHSC

Learning Objectives:

- Develop an understanding of fracture risk assessment
- Therapeutic update on prevention of osteoporosis fractures

11:10am – 12:20pm MORNING CONCURRENT WORKSHOPS

7. **Dementia: Putting the 2007 Recommendations into Practice** (Repeat of #4)

8. **Ethical Issues in Long Term Care: Respecting and Responding to Differences within the Circle of Care** (Repeat of #1)

9. **My Life Through the Years: A Storytelling Project**
Anita Capeling, **Sarah Burke**, **Connie Manning**, **Jan Reinhardus**, **Carol Lee Halcovitch**, **Trina Smith**, members of Erie-St. Clair Hospice Volunteer Partnership Committee

Learning Objectives:

- Learn practical tips and strategies for assisting others to recall and record their life memories
- Experiment with storytelling and journaling strategies

10. **Principles for Bathing LTC Residents with Challenging Behaviours** (Repeat of #5)

12:20 pm – 1:30 pm Lunch, Displays and Networking

1:30 pm – 2:20 pm PLENARY SESSION

The Year in Review: Ten Important Developments in Geriatric Care, **Chris Brymer**, Geriatrician, St. Joseph's Health Care, London

Learning Objectives:

- Understand how to critically review the literature
- Become familiar with emerging concepts in Geriatric Care

2:20 pm – 2:30 pm AFTERNOON BREAK

2:35pm–3:45pm AFTERNOON CONCURRENT WORKSHOPS

11. **Management of Cancer in the Geriatric Population: A Case Based Discussion**

Stephen Welch, Oncologist, London Health Sciences Centre

Learning Objectives:

- Discuss pros/cons and indications for oncology referrals in frail elders
- Understand evidence and goals of treatment for common cancers

12. **Aging and Developmental Disabilities from a Mental Health Perspective**

Jay Rao, Psychiatrist, St. Joseph's Health Care, London

Learning Objectives:

- Understand the mental health needs of individuals aging with developmental disabilities
- Provide an overview of assessment, intervention strategies and concurrent mental health disorders

13. **Dying in the Home-Video and Panel Discussion**
Moderator: Paul Cavanagh, Director, South West End-of-Life Care Network

Learning Objectives:

- Witness a demonstration of how the video, "Dying in the Home: One Family's Experience," can be used as a powerful education tool with patients, families and formal caregivers
- Learn about care options available at the end of life

14. **Pain Management and Decision Making Among LTC Physicians and Nurses** (repeat of #2)

15. **Medication Reconciliation: New Accreditation Standards for Hospitals and LTC**

Chris Judd, Director of Pharmacy, St. Joseph's Health Care, London

Learning Objectives:

- Understand medication reconciliation and its significance in patient safety
- Understand the vocabulary associated with medication reconciliation

Who Should Attend

Given the interdisciplinary nature of geriatric care and the feedback from the 2007 conference evaluation, topics have been selected to appeal to a wide range of care providers including physicians, nurses, therapists, pharmacists, nutritionists, psychologists, social workers, researchers, educators, and discharge planners, as well as people serving primarily in administrative positions.

About the Conference

We are proud to present and celebrate our 22nd annual conference, which provides professionals with another opportunity to broaden their knowledge base, to refine specific skills, and to meet with others who share their concern in improving quality care to the elderly. The plenary sessions encourage cross-disciplinary investigation of subjects common to all, while concurrent sessions provide medical updates and investigation of other topics in geriatric care. All sessions include time for questions from participants and many speakers are available for informal discussions throughout the day. During breaks and lunch you will be able to visit a wide variety of exhibits including a book sale. Information on accessing services in Southwestern Ontario, as well as handout material from all sessions will be available. *We look forward to seeing you!*

Sponsors

Division of Geriatric Medicine, St. Joseph’s Health Care, London; The University of Western Ontario, London, Ontario; Schulich School of Medicine and Dentistry; The Ontario Ministry of Health and Long Term Care; Southwestern Ontario Regional Geriatric Program.

Industry Sponsors

This program has been made possible through educational grants from Janssen-Ortho Inc; Lundbeck Canada Inc; MERCK FROST; Novartis Pharmaceuticals Canada Inc; and Pfizer Canada.

Study Credits

This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for up to 5.5 MAINPRO-MI credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. This program has been reviewed and approved by Continuing Medical Education

Early Bird Fee

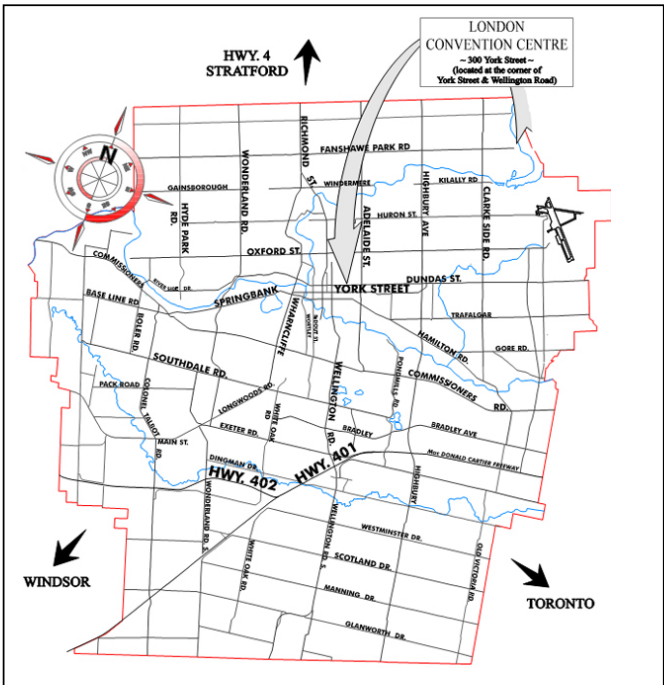
The “Early Bird” fee of \$125 is honoured up until March 28, 2008. Your registration must be postmarked no later than March 28th, 2008 (mail, fax, email). Please complete the registration form included with the flyer and send along with payment.

Fees

After the early bird date the fee is \$145 per person (\$55 per student/volunteer) which includes parking, lunch, refreshments and conference package. The fee must accompany the registration and is nonrefundable after **April 23rd , 2008** . Registered participants who are unable to attend are welcome to send a colleague in their place. Notice of withdrawal in writing prior to April 23, 2008 will result in a refund minus \$40. Registrations received after April 23 will be considered only if space permits.

Receipt

Your receipt is valuable. It is an official receipt and proof of registration. In case of refund, the original receipt must be returned to the Division of Geriatric Medicine, St. Joseph’s Health Care London. A \$5 fee is charged for a replacement receipt.



Complete registration form and mail or fax to:
Monica Dease, Parkwood Hospital
801 Commissioners Road East
London, ON N6C5J1
Phone: (519) 685-4292, Extension 42068
Fax: (519) 685-4093
Email: monica.dease@sjhc.london.on.ca



LONDON CONVENTION CENTRE

York Street, London ON, Canada N6B 1P8
Tel: 519-661-6200
Toll Free: 1-800-203-1992
<http://www.londoncc.com>

Directions:

The best route is **Wellington Road North off HWY. 401**. Remain on Wellington Road to downtown London. You will pass under the railway tracks just before **York Street**. Turn **right (east)** off of Wellington on to **York Street**, the London Convention Centre is located on the **north side of York Street**. The entrance to the underground parking is located on the east side of the London Convention Centre.

Parking:

A limited amount of **FREE Parking** will be provided for conference registrants at the Convention Centre underground parking facility and the Impark parking lot located across the street from the Convention Centre. **YOU MUST PRESENT PARKING VOUCHER THAT WILL BE INCLUDED WITH YOUR CONFERENCE RECEIPT TO PARKING ATTENDANT.**

ACCOMMODATIONS

Delta London Armouries, 325 Dundas Street London, Ontario
Tel: 679 -6111, Toll Free: 1-877-814-7706
Hilton London, 300 King Street, London, Canada N6B1S2
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